

20 'Screen Free' Play Ideas

Try each 'screen free' play idea, then put a tick in the 'we did it' box.



The Family Creative

| Number | Play idea | We did it! |
|--------|---|------------|
| 1 | Build a blanket cubby | |
| 2 | Cook | |
| 3 | Get outside | |
| 4 | Send a letter or artwork to someone special | |
| 5 | Play cards | |
| 6 | Make your own play recipe | |
| 7 | Build with junk | |
| 8 | Dress up | |
| 9 | Tinker | |
| 10 | Keep a 'School Holiday Journal' | |
| 11 | Have a picnic | |
| 12 | Get out and about | |
| 13 | Share a hobby | |
| 14 | Dance party | |
| 15 | Search for nature treasures | |
| 16 | Try out a new park or playground | |
| 17 | Read | |
| 18 | Set up (or renovate) a fairy garden | |
| 19 | Invite a friend over | |
| 20 | Distraction free family time | |